



Riverside West Elementary Breakfast Menu

30	1	2	3	4
Prices: FREE	Kellogg's Nutri-Grain Bar Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Otis Spunkmeyer Choc. Chip. Muf. Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Trix Yogurt <i>Animal Crackers</i> Choice of Juice Choice of Fruit Choice of Milk	Kelloggs Frosted Flakes Cheese Stick Choice of Juice Choice of Fruit Choice of Milk
	7	8	9	10
Otis Spunkmeyer Blueberry Muffin Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Cocoa Puff Cereal Bar <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	Pillsbury Apple Fruedel Choice of Juice Choice of Fruit Choice of Milk	Kellogg's WG Fudge PopTart Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Bagel w/Cin. Cr. Cheese Choice of Juice Choice of Fruit Choice of Milk
14	15	16	17	18
COLUMBUS DAY	Kellogg's Rice Krispy Treat Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Otis Spunkmeyer Muffin Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Kellogg's PopTart Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Kellogg's Apple Jacks Choice of Juice Choice of Fruit Choice of Milk
	21	22	23	24
Kellogg's WG Fudge PopTart <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	Yoplait Yogurt Scooby Sticks Choice of Juice Choice of Fruit Choice of Milk	Trix Cereal Bar <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	Kelloggs Apple Jacks Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Otis Spunkmeyer Muffin <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk
28	29	30	31	
Cocoa Puff Cereal Bar Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Kellogg's Blueberry Pop Tart Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	Kellogg's Frosted Flakes <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	Pillsbury Cinni Mini Fruit Juice Fresh Fruit Choice of Milk	<i>State requires offering of 1 cup of fruit at breakfast. Additional fruit or juice will be offered at register.</i>

Breakfast in the Classroom

Fruit Juice
Fresh Fruit
Choice of Milk

COST FREE

Just stop by the café when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Fruit and Juice

What do you like? Fresh Apples? Oranges? Bananas?

Choice of Milk

Variety includes low-fat and fat-free choices.

Hello! My name is Ana.

Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

